

LEARN THE SPECIAL TECHNIQUE OF KULNING / HERDING CALLS / PASTORAL MUSIC AT A SUMMER PASTURE FARM IN DALA-FLODA



In "kulning," calling in a vibrato-free high register, women developed a special vocal technique for calling home the cattle and for communicating with each other over great distances while they and their herds were away in the shielings during the summer. They moved up to the "fäbodar" (summer farms) with the light, warmth and vegetation every spring and stayed there late into autumn. There the cattle and goats were taken to lush grazing after the meagre rations of the winter. The family's store of food was stocked up once more with well salted golden yellow butter and different types of cheeses. Everything that had to do with cattle, milking and dairy has been the sphere of women. Therefore the music of the summer farm is women's music, and one of the oldest, richest and most distinctive female musical traditions of Europe. In this course we will do what we can to master this ancient technique. We will follow the paths to reach the summerpasture farm some 5 km away from the village inn. There we will spend half of the lessons. Excursions to places of interest in the area are arranged. Max 12 people. Teacher is Eva Rune, a well known singer, artist and music teacher with her roots in Dalarna.



Dates: July 18-21, August 22-25, September 12-15. Course fee: 1.300.00

PLAYING THE FIDDLE / FIDDLERS FOLK MUSIC IN SWEDEN

The folk music of Dalarna occupies a special position in this country. It is vigorous, robust and stands with its feet firmly on the ground while giving and accepting new inspiration, developing and renewing itself at the same time. Folk music is an art form which is very much alive, practised by old and young alike all over Dalarna. The tradition is passed on from musician to musician, from one generation to the next, affecting and capturing the attention of the listener. Please bring Your own fiddle.

Max 15 people. Course fee 1.300.-

Dates: July 11 - 14, August 29 - 1 September



CLASSES IN TRADITIONAL SWEDISH DANCE FOLKS DANCE

"Gammaldans" (figure dances, dances introduced after the mid 1800's) which includes waltz, schottis, hambo, mazurka, and polska. "gammal" means old.

During these three days we will learn the basics of these mentioned dance forms and we will also try to have a good idea of the polska rhythm which is such a big part of the the Swedish soul. Polska is a couples turning dance in 3/4 time. There are many variations of the polska from Sweden. The polskas are divided into 16th note, 8th note varieties. There are also variations in the symmetry within each measure of the tune depending on the region where the tune/dance originated.

Knowing these steps will open a new door for Your pleasure when associating with Your Swedish friends. You will also realise what smart fitness exercise this type of dancing provides!

Don't miss the Folklore festival in Rättvik 24 -29 July with rich possibilities to exercise your newly gained experience.

Max 16 people

Course fee 1.300.00

Dates: July 11-14, August 29 - 1st September

Teachers from the village



FLODABRODERI DALA-FLODA

/TYPICAL WOOL EMBROIDERY FOR THE DALA-FLODA AREA

A lovely creative occupation for peace of mind. Anna-Carin an accomplished craftswoman of the village will guide You into this technique. Girl's caps, the Dala-Floda national costume, woolen mittens and little bags have for centuries been decorated by the flower patterns of this village.

Max 12 people. Course fee 1.300.-

Dates: 18 - 21 July and 8 - 11 August

